

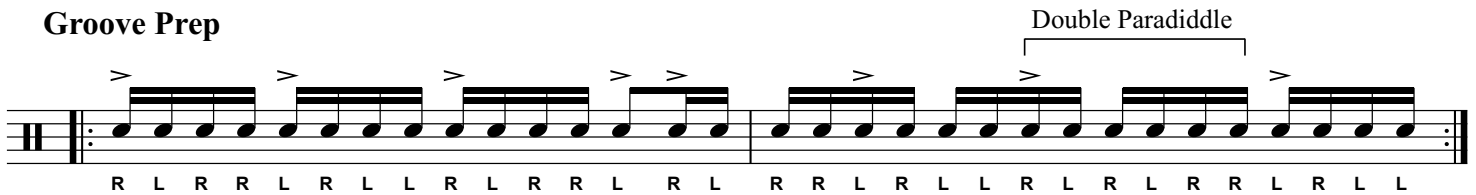
Paradiddles are Hip!

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I love teaching my students this rudimental groove, because it exposes them to one of the greatest funk drummers and bands of all time - David Garibaldi and Tower of Power. This exercise simplifies Garibaldi's groove from the tune "What is Hip" using only paradiddles and one double paradiddle, and a simpler bass drum pattern for the orchestrated groove. Working on this Rudimental groove reveals how rudiments can be effectively integrated into your funk grooves, and is also a great stepping stone for learning Garibaldi's original groove - check it out below.

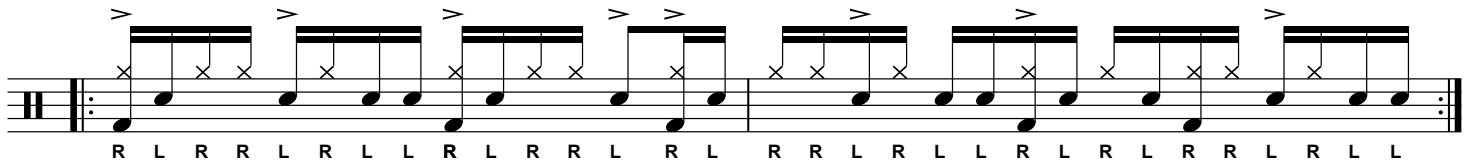
Paradiddles are Hip!

Groove Prep



Musical notation for Groove Prep, showing a sequence of paradiddles and a double paradiddle. The notation includes a drum staff with a key signature of one sharp (F#) and a 4/4 time signature. The sequence consists of eight measures of paradiddles (RLRR, RLRL, RLRL, RLRL) followed by two measures of a double paradiddle (RLRLRLRL). The notation includes accents (>) and a bracket labeled "Double Paradiddle" over the final two measures. Below the staff is the corresponding drum pattern: R L R R L R L L R L R R L R L R R L R L L R L R L R R L R L L.

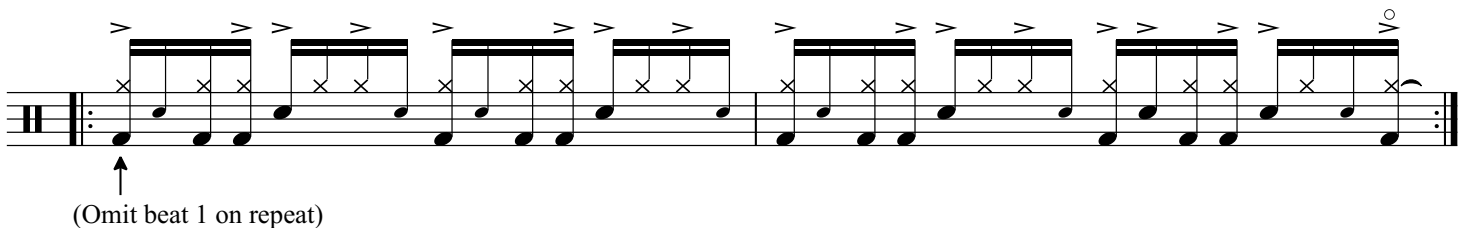
Orchestrated Groove



Musical notation for Orchestrated Groove, showing a sequence of paradiddles and a double paradiddle. The notation includes a drum staff with a key signature of one sharp (F#) and a 4/4 time signature. The sequence consists of eight measures of paradiddles (RLRR, RLRL, RLRL, RLRL) followed by two measures of a double paradiddle (RLRLRLRL). The notation includes accents (>) and 'x' marks over the paradiddle notes. Below the staff is the corresponding drum pattern: R L R R L R L L R L R R L R L R R L R L L R L R L R R L R L L.

The Paradiddles are Hip inspiration:

David Garibaldi's "What is Hip"



Musical notation for David Garibaldi's "What is Hip", showing a sequence of paradiddles and a double paradiddle. The notation includes a drum staff with a key signature of one sharp (F#) and a 4/4 time signature. The sequence consists of eight measures of paradiddles (RLRR, RLRL, RLRL, RLRL) followed by two measures of a double paradiddle (RLRLRLRL). The notation includes accents (>) and 'x' marks over the paradiddle notes. Below the staff is the corresponding drum pattern: R L R R L R L L R L R R L R L R R L R L L R L R L R R L R L L. An arrow points to the first measure with the text "(Omit beat 1 on repeat)".