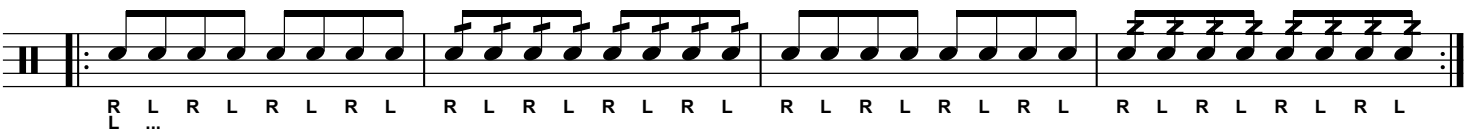
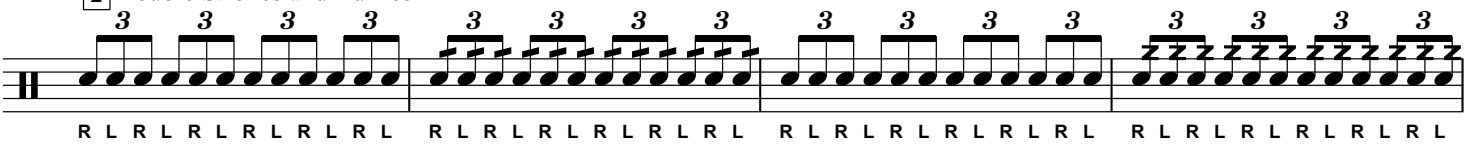
Basic Rudimental Exercises

Rolls

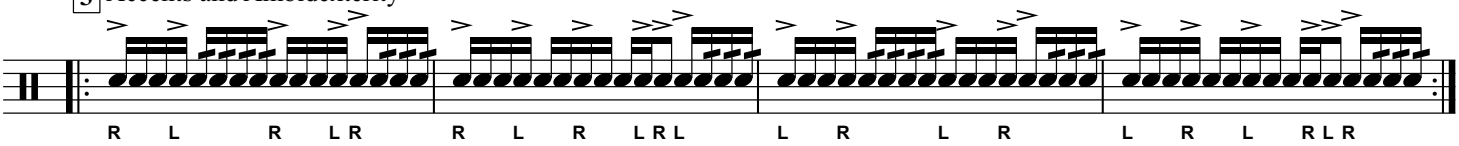
1 Double Strokes and Buzzes 8ths



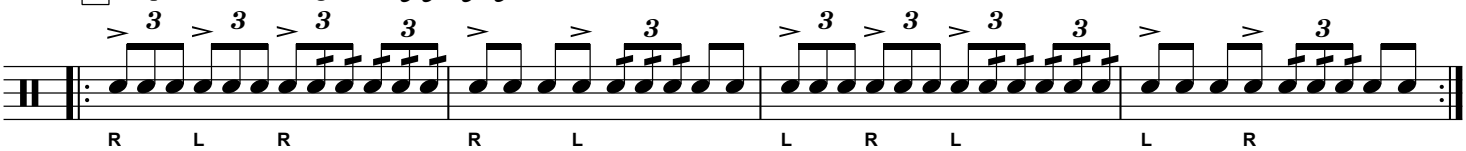
2 Double Strokes and Buzzes



3 Accents and Ambidexterity

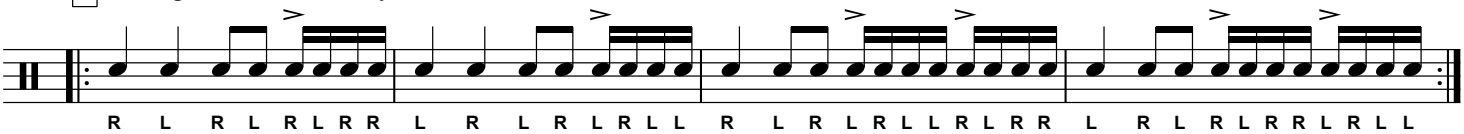


4 Triplets and Swung 8ths

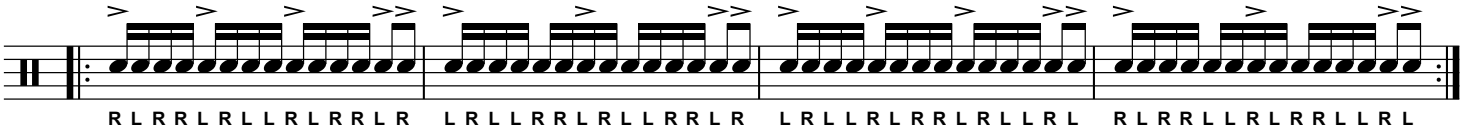


Paradiddles

1 Timing and Ambidexterity



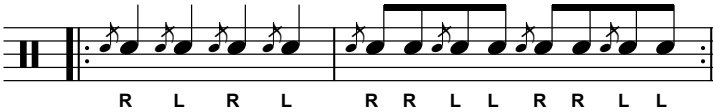
2 Introducing Paradiddle-diddle



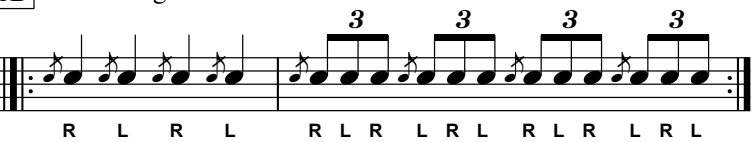
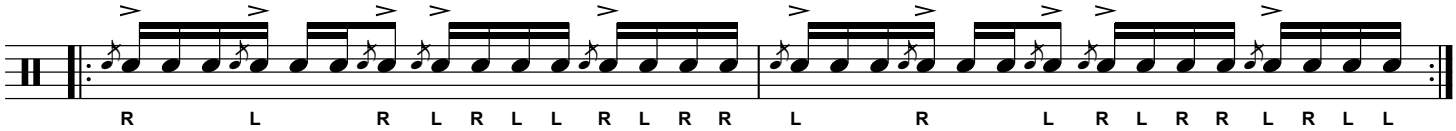
3 Introducing The Double Paradiddle

Flams

1A Alterntating Flams and Flam Taps



1B Alternating Flams and Flam Accent



2 Flam Accent and Flamadiddles