

2-NOTE FILL/KICK/SET-UP EXERCISE

TIME FILL 2 NOTE FILL TO USE

The exercise consists of eight staves, each representing a different variation of a 2-note fill. Each staff begins with a 'TIME' section of four bars of eighth notes. This is followed by a 'FILL' section of two bars. The first staff shows a fill with a quarter note and a half note. The second staff shows a fill with a quarter note and a half note. The third staff shows a fill with a quarter note and a half note. The fourth staff shows a fill with a quarter note and a half note. The fifth staff shows a fill with a quarter note and a half note. The sixth staff shows a fill with a quarter note and a half note. The seventh staff shows a fill with a quarter note and a half note. The eighth staff shows a fill with a quarter note and a half note.